R E P O R T R E S U M E S

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TRAINING PROGRAMS OF THE NATIONAL INSTITUTE OF MENTAL HEALTH.
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THE TRAINING GRANTS PROGRAM HELPS PUBLIC AND PRIVATE NONPROFIT INSTITUTIONS MEET TEACHING COSTS AND PROVIDES STUDENT STIPENDS AND TUITION FOR TRAINING IN PSYCHIATRY, PSYCHOLOGY, NURSING, SOCIAL WORK, PUBLIC HEALTH, AND RESEARCH IN THE BIOLOGICAL AND SOCIAL SCIENCES. IN ADDITION, IT SUPPORTS (1) PILOT AND SPECIAL TRAINING PROJECTS FOR DEVELOPING MODELS FOR TRAINING WORKERS IN MENTAL HEALTH AT ALL LEVELS, AND (2) INSERVICE TRAINING FOR MENTAL HEALTH PERSONNEL SUCH AS ATTENDANTS, PSYCHIATRIC AIDES, AND HOUSEPARENTS. SENIOR STIPENDS ARE AVAILABLE FOR SPECIAL TRAINING FOR (1) SENIOR MENTAL HEALTH SPECIALISTS SUCH AS PSYCHIATRISTS, PSYCHOLOGISTS, SOCIAL WORKERS, PSYCHIATRIC NURSES, AND MENTAL HEALTH RESEARCH SCIENTISTS, AND (2) OTHER SPECIALISTS SUCH AS PHARAMACOLOGISTS, SOCIAL SCIENTISTS, HOSPITAL ADMINISTRATORS, AND PUBLIC HEALTH OFFICERS. TRAINING GRANT PROCEDURES AND ALLOTMENT AMOUNTS, AND OTHER SUPPORT POSSIBILITIES FROM THE INSTITUTE ARE INCLUDED. THIS DOCUMENT IS AVAILABLE AS FS2.22--MS2/21/966 FOR 20 CENTS FROM SUPERINTENDENT OF DOCUMENTS, U.S. GOVERNMENT PRINTING OFFICE, WASHINGTON, D.C. 20402. (JK)

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TRAINING PROGRAMS

OF THE NATIONAL INSTITUTE OF MENTAL HEALTH

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- THE PROGRAMS
- PSYCHIATRY
- PSYCHOLOGY
- NURSING
- SOCIAL WORK
- PUBLIC HEALTH
- BIOLOGICAL SCIENCES
- SOCIAL SCIENCES
- PILOT PROJECTS
- SENIOR STIPENDS
- INSERVICE TRAINING

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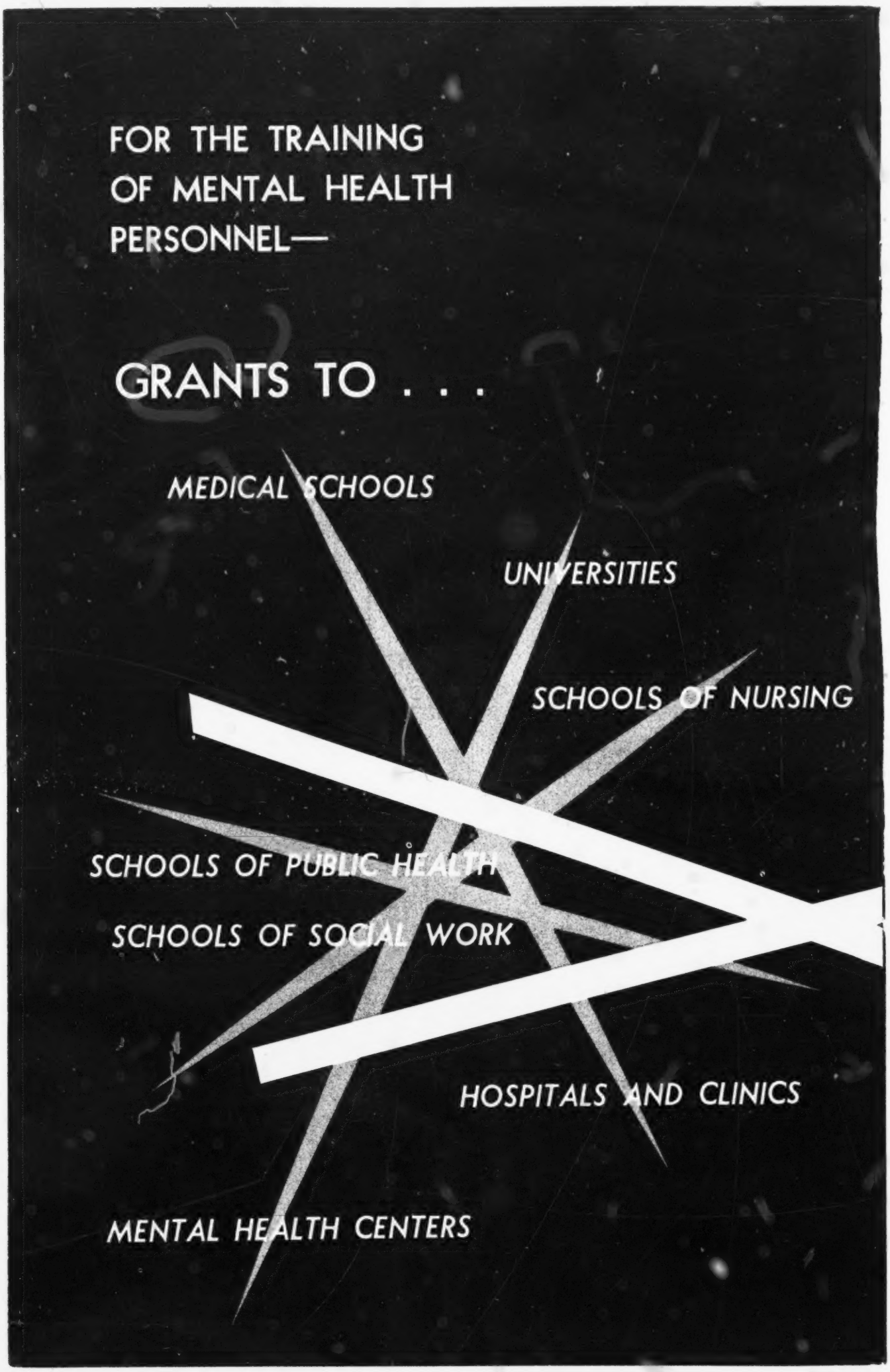
Public Health Service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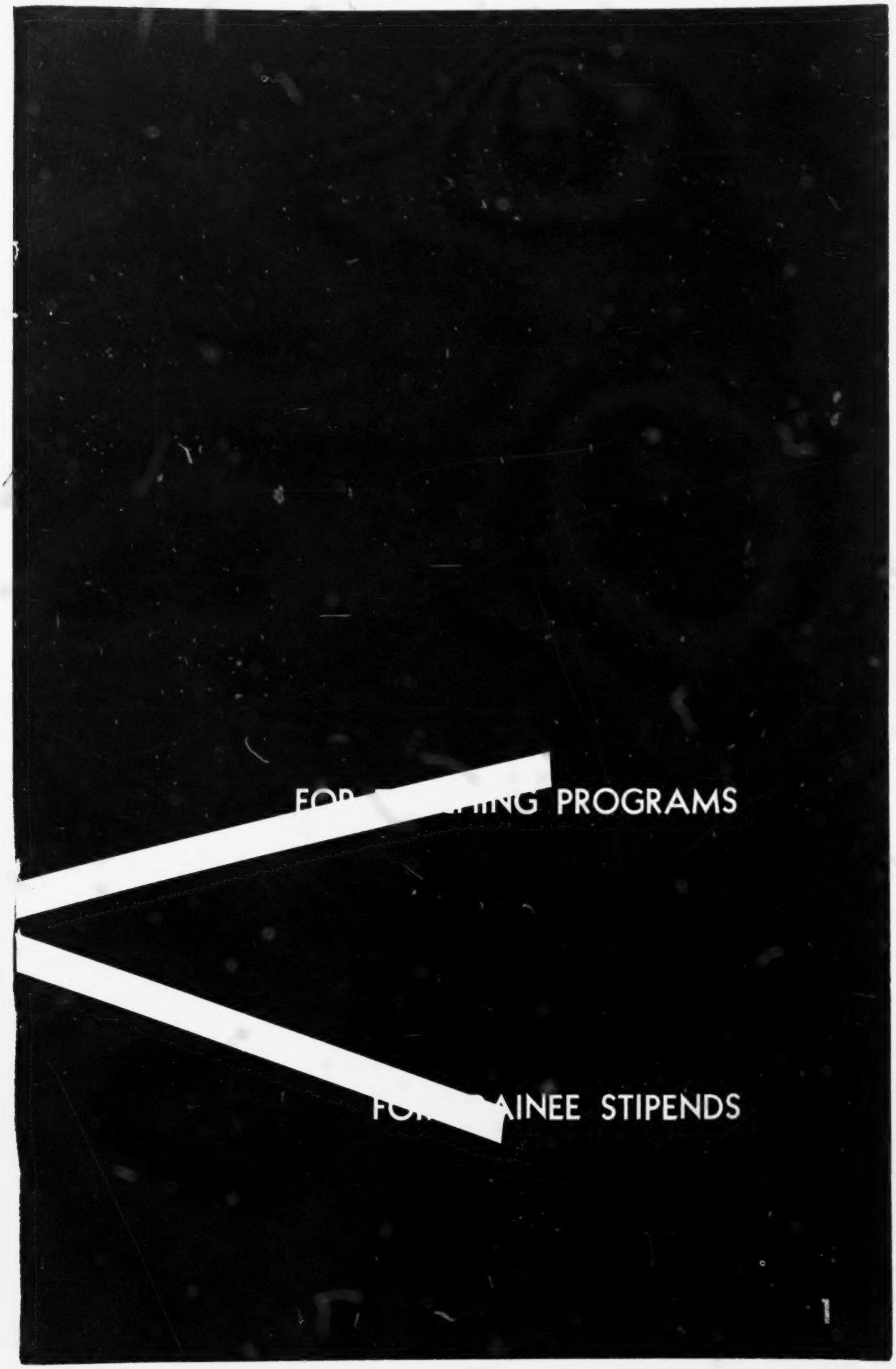
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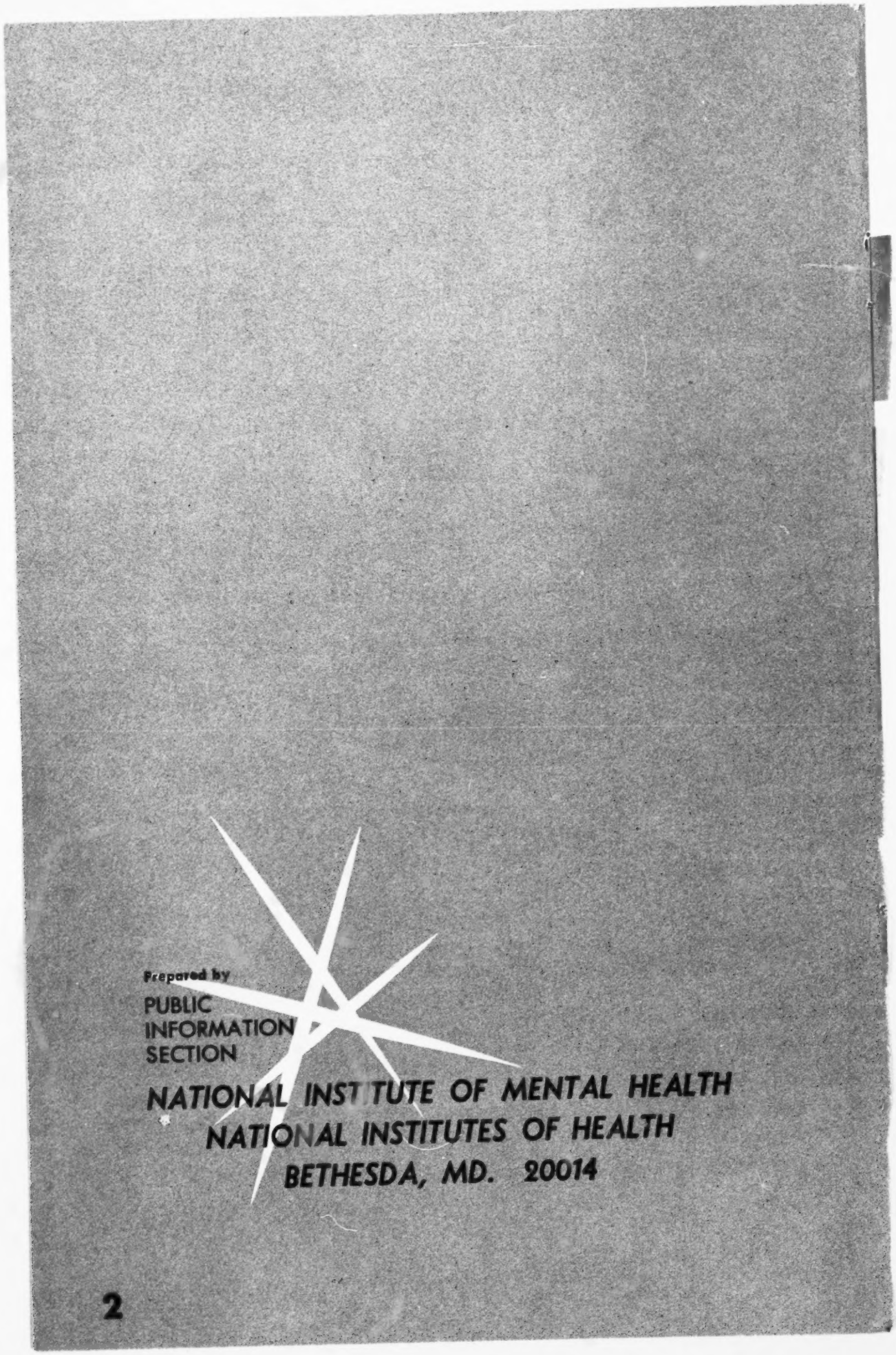

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NATIONAL INSTITUTE OF MENTAL HEALTH
NATIONAL INSTITUTES OF HEALTH
BETHESDA, MD. 20014

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THE PROGRAM

The Training Grants Program of the National Institute of Mental Health is designed to help meet the Nation's need for professional personnel in the area of mental health.

More psychiatrists, psychologists, psychiatric social workers, psychiatric nurses—members of the four core mental health professions—and others are needed each year to maintain and improve mental health research and services.

Through the Training Grants Program which gives direct support to training institutions, financial assistance is provided to persons for training for careers in mental health. Grants to public and private nonprofit institutions help to defray teaching costs and provide student stipends and tuition. Since the program began in 1947, more than 25,000 students and professional people have received training in mental health with Federal support.

Participating in the program are almost all departments of psychiatry in schools of medicine and osteopathy in the United States, as well as most of the major graduate schools of social work, public health, nursing, and graduate departments of psychology.

Other training centers aided by grants include many of the Nation's mental hospitals, collegiate schools of nursing, child guidance clinics, research centers, private nonprofit psychiatric treatment centers, and institutions for the mentally retarded.

New opportunities—because of modern developments in mental health care in hospitals and communities—are increasingly available in the four core disciplines, and in research and auxiliary professions as well.

The Training Grants Program provides support for many types of training. It also supports projects that explore new ways of training and ways to improve the quality of training.

TRAINING GRANT PROCEDURES

The National Mental Health Act of 1946 authorized the establishment of the Training Grants Program. Under the Act, the Congress each year appropriates funds to be granted by the Surgeon General of the Public Health Service to approved institutions, for expanding and improving their training programs in mental health disciplines and related areas.

Institutions apply for support of teaching costs and allowances to trainees. These applications are reviewed by subcommittees of the Mental Health Training Committee and then by the National Advisory Mental Health Council. The Council, by law, has the responsibility for recommending to the Surgeon General approval or disapproval of applications.

Students who receive support apply directly to, and are selected by, the training institution. Support includes stipends, and, in most cases, tuition and fees. Regional stipends—awarded only for full-time study—range from $1,800 to $8,000 a year, depending upon the discipline and the student's previous amount of training. Dependency allowances are available in a few selected programs.

Funds for trainees are awarded by the participating institutions; they are not made directly to individuals by the National Institute of Mental Health.

Support for training is available to U.S. citizens and to those who have declared their intention of becoming citizens.

For a list of schools and other institutions offering NIMH stipends write, stating the profession of your choice, to the Training and Manpower Resources Branch, National Institute of Mental Health, Bethesda, Md., 20014.

Information about individual support for trainees is available directly from the school or institution.

OTHER SUPPORT POSSIBILITIES

In addition to awards under the Training Grants Program, assistance is available from the National Institute of Mental Health through several other support programs. These are research fellowships, research career development awards, and the Mental Health Career Development Program for training psychiatrists and psychiatric-mental health nurses in the Commissioned Officer Corps of the Public Health Service.

Research fellowships are awarded by the National Institute of Mental Health to qualified students for training in recognized institutions. Applications are made under faculty sponsorship. The fellowships may be granted for predoctoral, postdoctoral, or special study.

Awards under the research career development program are designed to allow institutions to establish positions for young, promising investigators interested in developing careers in mental health research. Further information about research fellowships and research career awards can be obtained from the Career Development Review Branch, Division of Research Grants, National Institutes of Health, Bethesda, Md., 20014.

Information for physicians and nurses about training and career opportunities in mental health in the Commissioned Officer Corps is available from Chief, Mental Health Career Development Program, National Institute of Mental Health, Bethesda, Md., 20014.

PSYCHIATRY

GRADUATE TRAINING—Qualified physicians who wish to become psychiatrists may receive from medical schools, hospitals, or clinics annual allowances for living expenses while receiving their basic residency training in psychiatry. During the 3 years of basic training, the allowance ranges from $3,600 to $5,000 annually. For further training, in a psychiatric specialty, such as research, community psychiatry, student mental health, forensic psychiatry, and others, stipends are $7,000 for the fourth year, and $8,000 if a fifth year of training is required.

General practitioners and other physicians who have been in practice for at least 4 years and wish to train as psychiatrists may receive special stipends of up to $12,000 a year to enable them to undertake residency training.

PSYCHIATRIC TRAINING FOR NONPSYCHIATRIC PHYSICIANS—Grants are made to training centers to help support psychiatric instruction for nonpsychiatric residents and interns. Funds for this purpose are available for teaching costs, with no stipends included. Stipends are available, however, for nonpsychiatric residents who wish to devote from 6 months to 1 year, full time, to intensive psychiatric training.

Practicing physicians may receive support for short-term, intensive training in the psychiatric aspects of medicine. Full-time study for a period of 6 months to 1 year is required, with stipends up to $1,000 a month awarded by approved training institutions.

Practicing physicians may also enroll in short-term postgraduate education courses in psychiatry which are supported by grants. These courses are offered by medical schools, hospitals, clinics, and medical and psychiatric societies. The programs are extracurricular and support is limited to teaching costs.

TRAINING FOR MEDICAL STUDENTS—Support is available to medical students for psychiatric study undertaken in addition to regularly scheduled courses. Stipends of up to $600 yearly are permitted for short-term clinical and research training in psychiatry. These are usually offered for a 2-month period during the summer vacation.

Instruction in psychiatry for medical students is also supported by grants to schools to enrich their curriculum in human behavior studies.

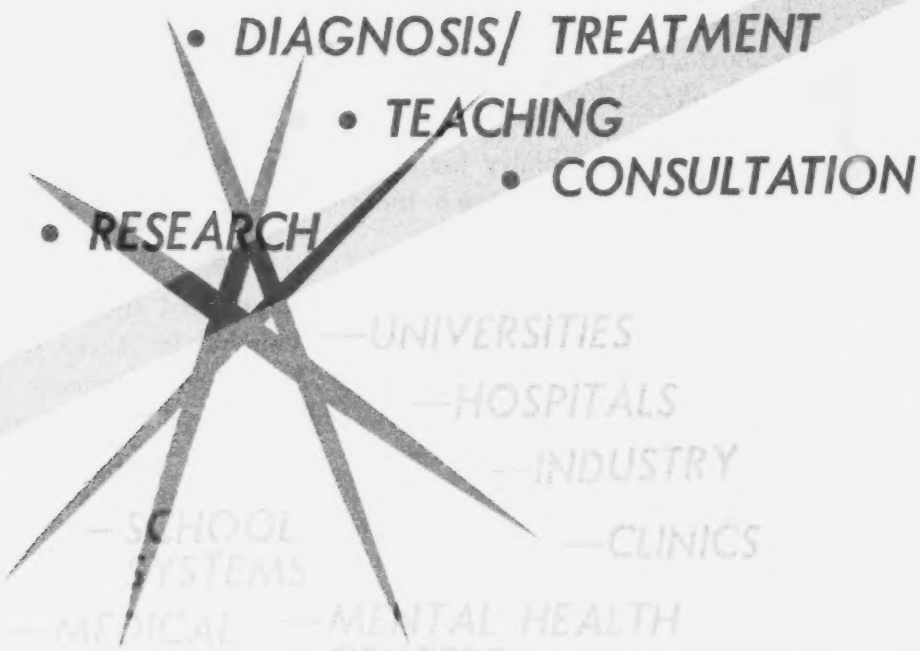
CAREER TEACHING—To help meet the need for well-qualified teachers of psychiatry, stipends are available for those who have completed psychiatric residency and wish to teach as a career. Grants made to medical school departments of psychiatry for preparing teachers include funds for these stipends. Application is made by the institution for a specific nominee, indicating a stipend amount appropriate to his experience and training. This support is limited to a period of not more than 2 years.

PSYCHOLOGY

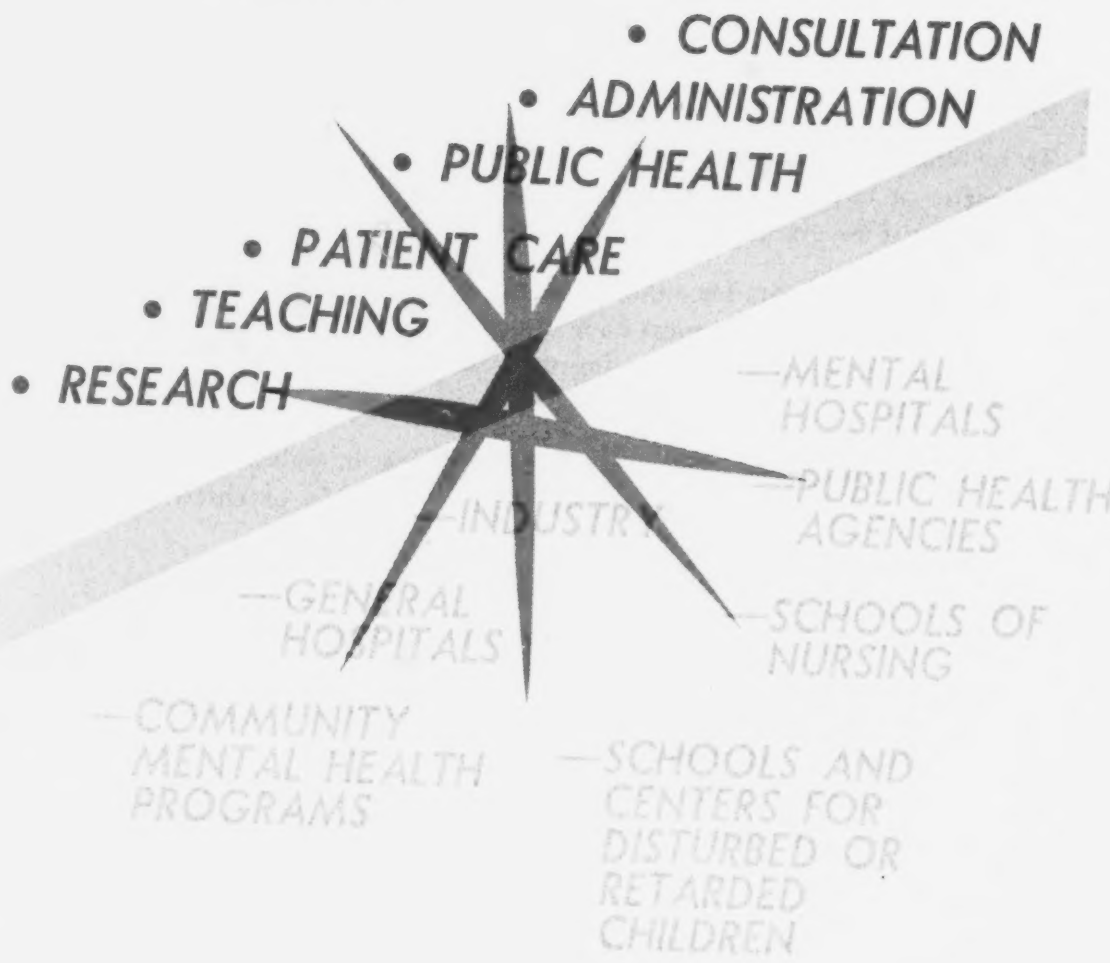
PREDOCTORAL TRAINING—Students pursuing a course of study leading to a doctoral degree in psychology are eligible for traineeships through universities participating in the training grants program. Stipends for university training range from $1,800 to $3,000 a year for up to 4 years of graduate study; tuition and fees are also provided. This support is available for training in the professional and scientific aspects of psychology in a wide variety of specialty fields including clinical, child and developmental, experimental, physiological, school and social psychology. Support is also given for specialized training in certain specified areas in need of professional personnel.

Internship stipends in clinical psychology in field training centers are available to students enrolled in university doctoral programs in clinical psychology approved by the American Psychological Association. Stipends are $3,600 a year.

POSTDOCTORAL TRAINING—Stipends are available for training in clinical psychology for psychologists with doctorates who wish to prepare for specialized work with particular populations (e.g., children, delinquents, etc.) or to strengthen their skills in diagnosis, treatment, and research. These stipends are $6,000 for the first year, $7,000 for the second year.



PSYCHIATRIC-MENTAL HEALTH NURSING



GRADUATE TRAINING—Professional nurses who wish to prepare for work in mental health may receive stipends, tuition, and fees for their graduate training. Mental health specialties for nurses include administrative, supervisory, and clinical practice in mental hospitals, in psychiatric wards of general hospitals, in psychiatric day-night hospitals, and in community mental health services. Special preparation

NURSING (CONT.)

is also supported for teaching and for research training in psychiatric nursing and mental health, for work with disturbed or retarded children, for positions in public health, and for consulting positions in health and other community agencies. Support is given for up to 5 years of graduate training. Stipends have ranged from $2,400 the first year, to $3,600 if a fourth or fifth year is undertaken for doctoral study. Dependency allowances for persons in full-time doctoral programs are provided.

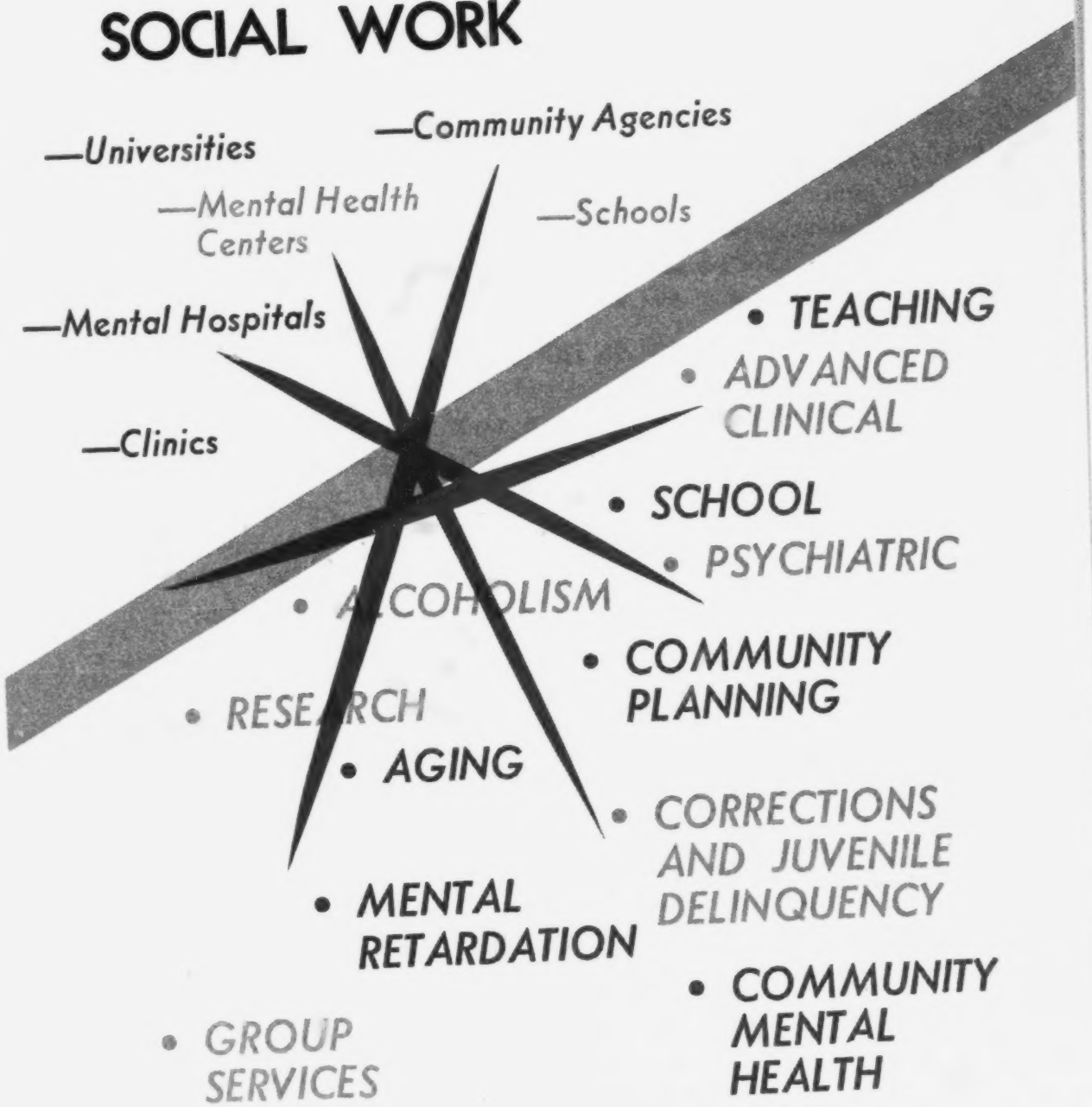
To be eligible for support toward a graduate degree in nursing, the student must have a bachelor's degree, and meet the admission requirements of the graduate program chosen.

Nurses seeking support for studies leading to a doctorate in nursing or in a behavioral science must have a master's degree with training in psychiatric-mental health nursing or in mental health nursing in public health.

Psychiatric nurses who wish support for training in public health nursing must have a master's degree with a major in psychiatric nursing.

UNDERGRADUATE TRAINING—Students may receive support for completion of the final 2 years of prebaccalaureate study in collegiate schools of nursing. This support includes stipends of $1,800 a year, tuition and fees. Students in basic nursing programs, and registered professional nurses interested in preparing for careers in mental health nursing are eligible. Students must be engaged in full-time study and plan to continue study in psychiatric-mental health or mental health-public health nursing at the master's level upon completion of the baccalaureate program. Those receiving stipends for undergraduate training are also eligible for stipend support for their graduate training.

CAREER TEACHING—The importance of teaching and educational leadership in the growing psychiatric nursing profession is recognized by a special grant provision. Exceptional psychiatric nurses who wish to broaden their training and further develop their teaching skills may receive support for a maximum of 2 years. Varying stipends, based on experience and training, are available through participating institutions to nominees who have completed the master's degree requirements.



MASTER'S DEGREE PROGRAMS—College graduates may apply to graduate schools of social work for mental health trainee stipends and tuition. This support is available for first-year and second-year training of social workers who wish to pursue careers in mental health. The stipends are $1,800 for the first year and $2,000 for the second year of training.

SOCIAL WORK (cont.)

ADVANCED PROGRAMS—Social workers with 3 years' experience beyond the master's degree are eligible to apply for funds for a third year of advanced training, or for doctoral study. Social workers interested in research careers may apply for financial aid for doctoral training on completion of their master's degree program. Professional experience is not required for research training support. Stipends for advanced study have ranged from $2,400 to $3,600 a year, plus tuition, fees, and dependency allowances.

ADVANCED CLINICAL TRAINING—These programs provide specialized training in clinical and community mental health work to give professional social workers opportunity to enlarge their experience in psychiatric and related settings. Applicants should have at least 3 years of professional experience.

STUDENT RESEARCH STIPENDS—Master's degree candidates in social work may receive stipends of $600 for 2 months of noncredit research experience, usually arranged as a summer program.

CAREER TEACHING—Social workers with skills and interest in teaching may receive support for special preparation in teaching for a period of up to 2 years. Application must be made by the institution for a specific nominee, indicating a stipend amount appropriate to his experience and training. A minimum of 5 years' experience in social work plus completion of course work for the doctorate is required. Both training and experience must be in social work areas relevant to mental health. Grants are not awarded under this program to support doctoral study.

PUBLIC HEALTH

- STIPENDS FOR MENTAL HEALTH SPECIALISTS
- STIPENDS FOR PUBLIC HEALTH NURSES
- GRANTS FOR SCHOOLS OF PUBLIC HEALTH

PUBLIC HEALTH STIPENDS—Mental health specialists who wish to enroll in a full-time master's degree program in a school of public health may apply for trainee stipends and tuition. The eligibility requirements and annual stipend rates for training in public health are as follows:

Psychiatrists—	completion of residency training in psychiatry; stipend level, $7,000.
Psychologists—	Ph.D. in psychology, and at least 1 year of postdoctoral experience in mental health; stipend level, $6,000.
Social Scientists—	Ph.D. in a social science, and at least 1 year of postdoctoral experience in mental health; stipend level, $6,000.
Social Workers—	master's degree in social work followed by at least 3 years of experience, including 2 years in mental health; stipend level, $3,600.
Psychiatric Nurses—	completion of specialization program in psychiatric nursing; stipend level, $3,000.

STIPENDS FOR PUBLIC HEALTH NURSES—To be eligible for graduate study in psychiatric-mental health nursing, public health nurses must have completed a baccalaureate program in nursing covering all areas—medical, surgical, pediatric, psychiatric, and public health. The stipend level is $2,400.

GRANTS FOR SCHOOLS—Support is available to schools of public health to expand and improve the mental health content of the curricula.

BIOLOGICAL SCIENCES

TRAINING FOR BIOLOGICAL SCIENTISTS—Grants are made to universities and training centers to strengthen training for research into the biological and physiological factors in mental disorders, mental retardation, and personality development and behavior.

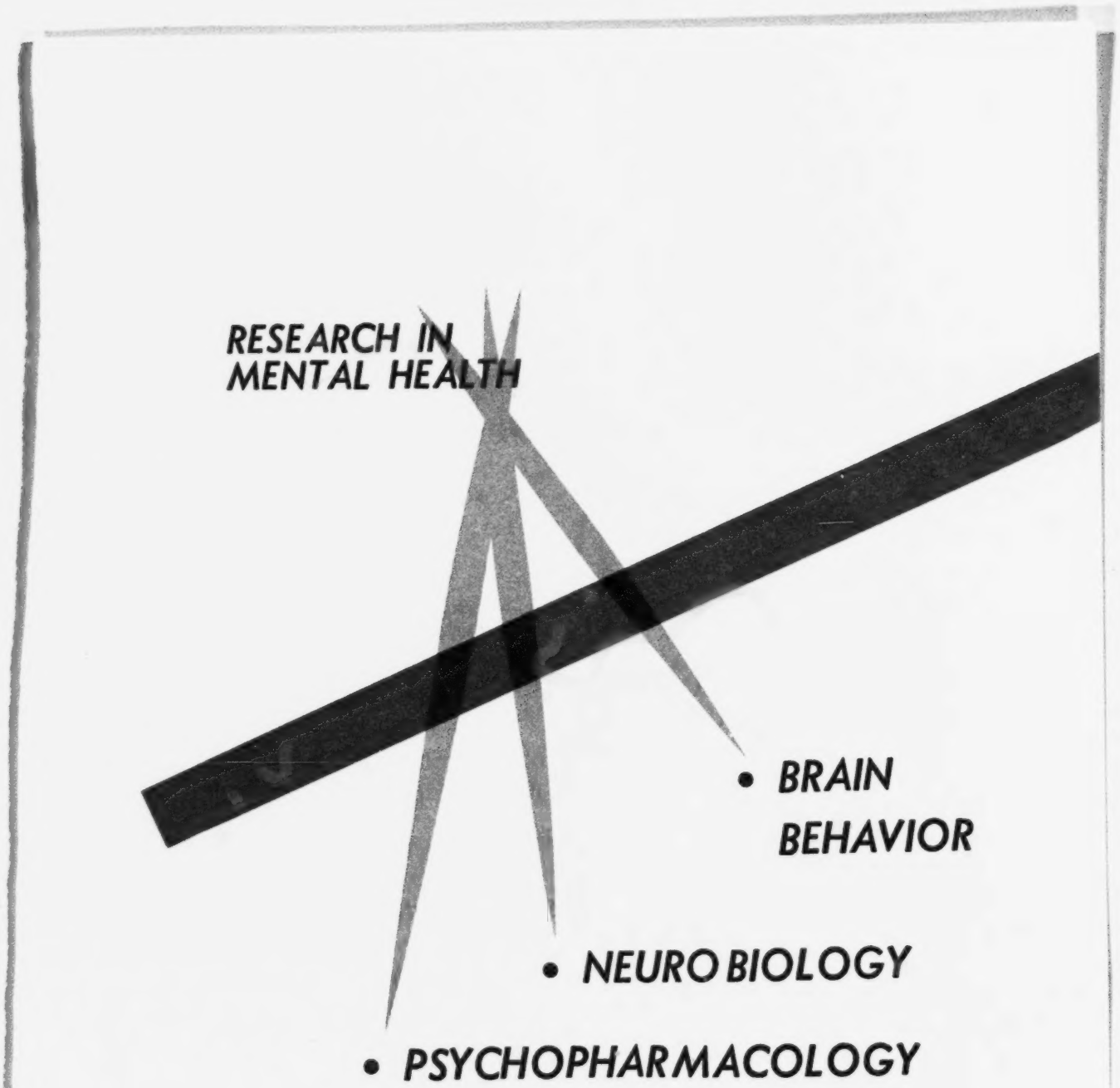
Biological scientists interested in careers in the mental health field may request stipends for both doctoral and postdoctoral training. In neurobiology, for example, study of behavior genetics, development biology, or the psychobiology of adaptation is relevant to mental health research. This research training, interdisciplinary in nature, is usually given in university programs involving departments of zoology, biology, and psychology.

In brain-behavior sciences, training is concerned with brain research at all levels. This includes neuroanatomy, neurophysiology, and neurochemistry. These interdisciplinary programs are usually located in medical centers and affiliated institutions, and frequently involve three to five departments, both preclinical and clinical.

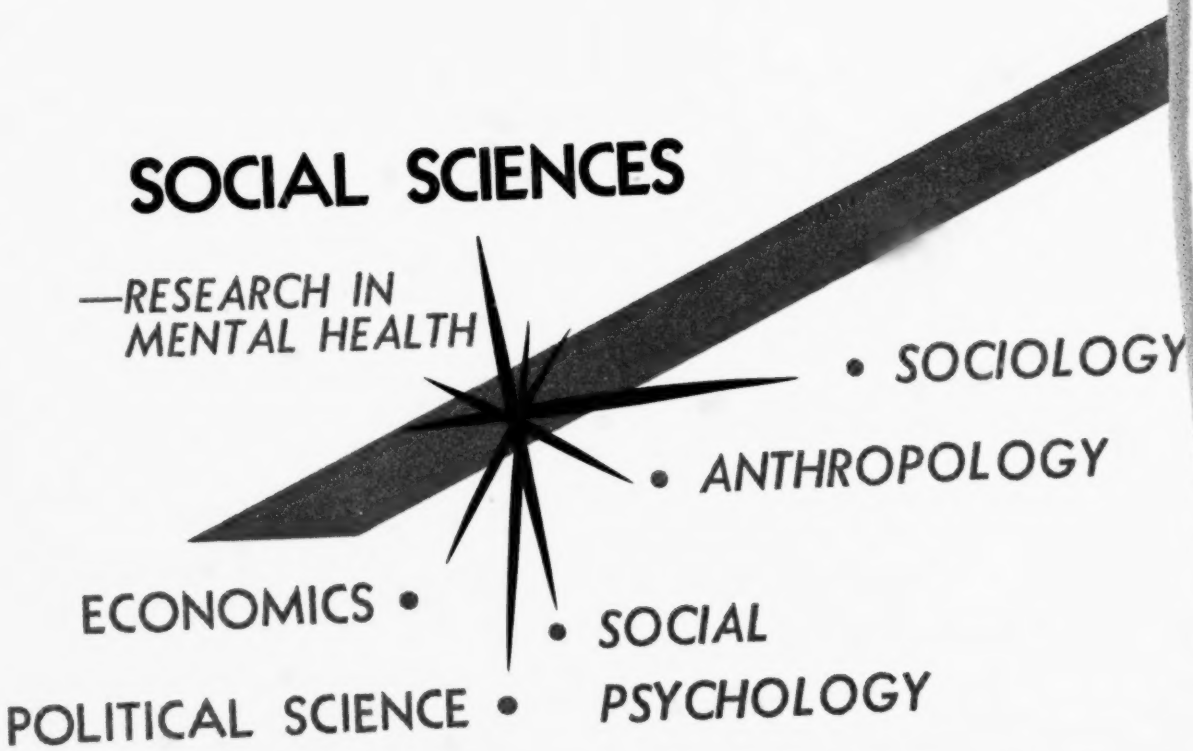
In psychopharmacology, research training is in preclinical psychopharmacology, biochemical pharmacology, medicinal chemistry, and clinical psychopharmacology. This training is available in departments of pharmacology within medical schools and in schools of pharmacy.

Support includes tuition and fees, dependency allowances, and stipends ranging from $1,800 for the first year of graduate study, up to $7,000 for the second year of postdoctoral training. Special stipends at $8,000 are also available.

TRAINING MENTAL HEALTH PERSONNEL IN RESEARCH TECHNIQUES—Stipends are available to mental health specialists for postdoctoral training in conducting research in the biological sciences. Psychiatrists, psychologists, psychiatric social workers, and psychiatric nurses are eligible to apply to participating institutions.



CAREER TEACHING—Scientists who wish to pursue careers as teachers of research techniques in the biological sciences may apply through the affiliated university for special teaching stipends not to exceed 2 years. Application must be made for specific nominees of exceptional potential as teachers, by universities having a formal teacher-training program.



Grants are made to universities and medical schools to marshal the social sciences against problems of mental illness.

TRAINING FOR SOCIAL SCIENTISTS—Social scientists interested in careers in research relevant to mental health may receive stipends, tuition and fees for both doctoral and postdoctoral training. Among research areas in which they may specialize are: the effects of social institutions on personality development, the nature of interpersonal and intergroup relationships, comparative and cross-cultural studies of mental health and illness, ecology, and social factors in mental illness and mental retardation. Training for research in social problems such as juvenile delinquency, alcoholism, etc., is also supported. Stipends range from $1,800 a year for the first year of graduate study, up to $7,000 for the second year of postdoctoral training. Dependency allowances are provided.

TRAINING MENTAL HEALTH PERSONNEL IN SOCIAL SCIENCES—Support is available for the postdoctoral training of psychiatrists, psychologists, psychiatric social workers, psychiatric nurses, and others, in the skills and research methods of the social sciences.

CAREER TEACHING—In special cases, stipends for up to 2 years are available to social scientists who wish to teach research skills in the social sciences related to mental health. Applications are made for specific nominees through institutions that conduct formal teaching programs.

PILOT AND SPECIAL TRAINING PROJECTS

- *IN ONE DISCIPLINE OR MANY*
- *STUDIES OF TRAINING PRACTICES*
- *CURRICULUM RESEARCH*
- *NEW METHODS OF TRAINING*
- *NEW TYPES OF PERSONNEL*
- *TRAINING FOR SPECIAL AREAS*
- *TRAINING OF COMMUNITY PROFESSIONALS*
- *TRAINING WORKSHOPS AND CONFERENCES*

The purpose of support for pilot and special training projects is to encourage the development of models for training which can be tested and evaluated to enable their adoption by other training institutions. These projects must be new, unique, and innovative, and aim to assess some unexplored area of mental health training.

TRAINING PROJECTS (CONT.)

NEW METHODS OF TRAINING—In developing experimental methods of training, projects may be designed to improve training procedures within any single mental health discipline, or may be interdisciplinary. For example: exploring more effective teaching and integration of basic psychiatric concepts with other medical disciplines; providing interdisciplinary education in child care to acquaint nonmedical professionals with mental health principles; exploring the use of group processes in teaching and training.

EVALUATING TRAINING PRACTICES—Another type of pilot project may evaluate teaching and training methods in mental health and related disciplines. For example: evaluating the human growth and behavior sequence of the social work curriculum; studying the process of medical education.

TRAINING IN AREAS OF NEED—Other projects develop new types of training programs in significant mental health problem areas in serious need of trained personnel. For example: training cottage supervisors for work with the retarded; developing training programs for the criminologist; training community workers to deal with alcoholism.

TRAINING FOR RELATED PROFESSIONS—Projects may develop training programs for persons whose roles or functions are related to new, unique, and innovative mental health work. For example: training teachers to work with emotionally disturbed children; training physical education personnel in managing emotionally disturbed children in camps; training lawyers and judges in concepts of mental health.

NEW TYPES OF MENTAL HEALTH PERSONNEL—Projects may develop training programs for new personnel to aid in mental health work. For example: training milieu therapists for work with chronic schizophrenics in a hospital; training community mental health workers; training women as child development counselors.

WORKSHOPS AND SURVEYS—Special grants are made on a limited basis to support training workshops, conferences, and institutes dealing with mental health training issues. Applications may be submitted by training institutions or professional or voluntary organizations in the field of mental health.

SENIOR STIPENDS

1 • *SPECIAL TRAINING FOR SENIOR MENTAL HEALTH SPECIALISTS —PSYCHIATRISTS, PSYCHOLOGISTS, SOCIAL WORKERS, PSYCHIATRIC NURSES, MENTAL HEALTH RESEARCH SCIENTISTS*

2 • *SPECIAL TRAINING IN THE MENTAL HEALTH FIELD FOR OTHER SPECIALISTS —PHARMACOLOGISTS, SOCIAL SCIENTISTS, HOSPITAL ADMINISTRATORS, PUBLIC HEALTH OFFICERS*

WHO IS ELIGIBLE—Senior stipend grants, available through training institutions, are intended for: 1) specialists presently engaged in one of the mental health disciplines who wish to broaden their training to improve or extend their skills in teaching or training; and 2) specialists from other fields who seek training in a mental health discipline to work in the field of mental health or to enhance their background in mental health.

For example, mental health specialists engaged in teaching or training may apply to their institutions for additional training in areas such as psychophysiology, biochemistry, community mental health, the social sciences, etc.

Other professional personnel, such as pharmacologists, social scientists, public health officers, and hospital administrators, may apply for training in areas such as clinical psychiatry, psychodynamics, psychophysiology, biostatistics, experimental psychology, epidemiology, mental hospital administration, community mental health, etc.

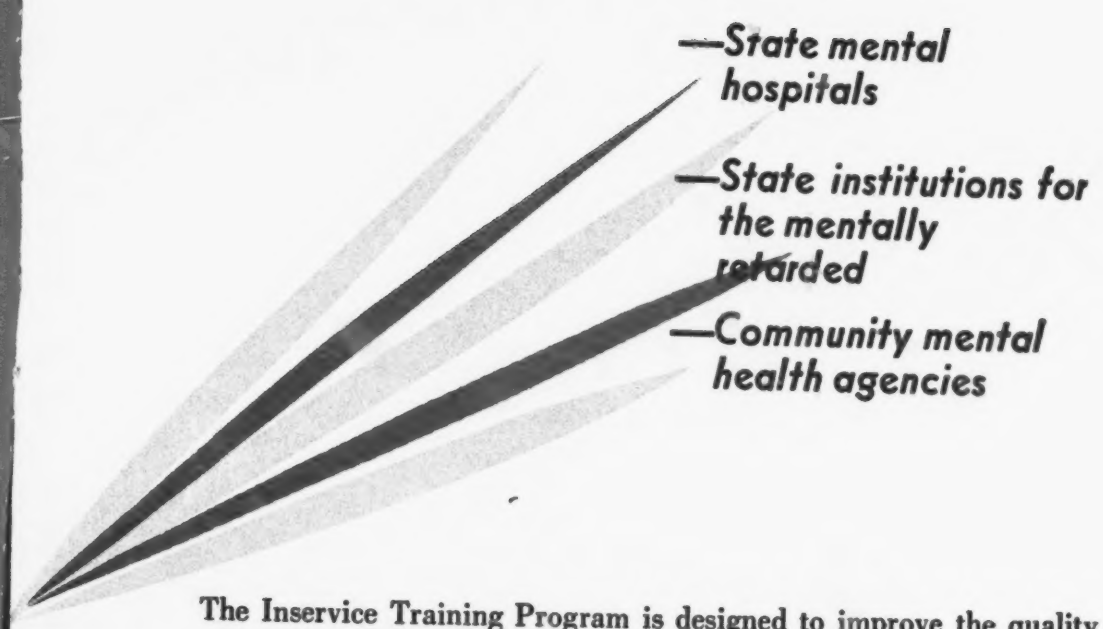
DURATION AND AMOUNT OF STIPEND—Awards may be requested for periods ranging from a few months to 1 year. In exceptional cases, consideration may be given to periods of support longer than 12 months.

The funds awarded vary. The amount requested for a senior stipend should be appropriate to the salary, training, experience, and qualifications of the candidate.

REQUIREMENTS—The candidate must have completed his graduate and specialty training. The range of his experience and background may vary considerably. The stipend is designed both for the specialist of senior stature with major training responsibilities, and for the more junior person of exceptional promise who has adequate experience and training.

INSERVICE TRAINING

- *ATTENDANTS*
- *PSYCHIATRIC AIDES*
- *HOUSEPARENTS*
- *OTHER STAFF*



The Inservice Training Program is designed to improve the quality of staff who care for the mentally ill and retarded in State institutions and in community mental health agencies. Under this support, job related training can be offered by hospitals and agencies to increase the effectiveness of their services.

The first priority in the initial phase of this new program is being given to applications for the inservice training of psychiatric aides, attendants, houseparents, and others similarly involved in direct patient care. However, inservice training of other mental health employees may also receive support.

The kinds of training that may be supported by an inservice training grant vary widely, and include such activities as:

1. Orientation and initial on-the-job training for employees.
2. Refresher, continuation, and other special job-related training for employees.
3. Special training for staff who have inservice training responsibilities.

This program does not provide stipends. Funds are granted for instructional costs, curriculum development, program evaluation, and for other purposes such as payment to outside consultants.

For further information regarding any of these programs, write to:
Training and Manpower Resources Branch
National Institute of Mental Health
Bethesda, Md., 20014

DISCRIMINATION PROHIBITED—Title VI of the Civil Rights Act of 1964 states: "No person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance." Therefore, the grant and award programs of the National Institute of Mental Health, like every program or activity receiving financial assistance from the Department of Health, Education, and Welfare, must be operated in compliance with this law.

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